

April 2024 Regional Secretary Report

I have purchased the Jabra Speak 410 Corded Speakerphone/Portable USB Speaker. I have the receipt for reimbursement. I need to purchase a new flash drive and Portable SSD 1TB due to the ones we have are formatted for Window only and cannot be formatted for MAC. I have found what I need at Walmart for the cost of \$113.88 before tax. Just needing the go ahead to purchase them. I do need printer paper also I am on the last ream of paper.

Thanks for allowing me to serve.
Marvin G

April RD Report

April 20, 2024

The SZF met January 26-28 in St. Louis. We had a great turnout! Thank you to everyone that participated. Friday night, the zone did an inventory and workshopped the issues that were raised by the survey that was sent out. It was a well attended and productive evening resulting in some of the main concerns being addressed and workgroups formed to address the issues. Topics chosen were Communication, Racism in the Zone and Mentorship. The workgroups are ongoing and more will be revealed.

8/9 regions were in attendance. Link to SZF minutes. <https://szfna.org/minutes/#58-78-wpfd-2024-minutes>

A Regional Assembly was held February 24 in Jefferson City with 14 in attendance total. Kristin was kind enough to handle the virtual portion of the meeting for us. We workshopped a couple of topics: Gender Neutral Language, Dealing with Disruptive or Predatory Behavior, and Service Structure. Good discussion and participation by those that attended. Lots of zoom meetings for WSC, Workshops and zone on the agenda for the next couple of months.

Thank you for allowing me to be of service.

In loving service,
Susan M, RD

AD Report

Saturday 4-20-24

Hello Family,

I will just hit highlights of the past 3 months and if you all have any questions or want further clarification, just let me know.

This is an update to verbal report ** we have \$1500 budgeted to donate to SZF every year. This budget ends in Oct 2024. We have donated “0” to SZF this budget. May we make a donation to SZF as to keep up with our budget and not have \$1500 come out all at once?

Regional Assembly Saturday 2-24-24

Everything went well. Kristen D. helped with AV & Zoom – Thank you Kristen!

We discussed the 4 Issue Discussion Topics:

Gender-Neutral and Inclusive Language in NA Literature

Dealing with Disruptive and Predatory Behavior

Reimagining and Revitalizing Service Committees

DRT/MAT as It Relates to NA

I have notes on all the discussion topics from the assembly. It has been mentioned that RD/AD reports are sometimes lengthy, so I am not including everything. If the body would like to go further into any of the topics we can.

Conference Participant Meeting Saturday 3-16-24

This was not the assigned date and time for our Zone SZ but since this service format is new to me, I figured I sit in on the extra meeting since it was an option.

These meetings are to discuss the new planning process for WSC which consists of 5 parts:

Part 1 was completed at WSC 2023

Part 2 was the survey based on priorities identified at WSC 2023 (Aug – Nov 2023)

Part 3 Is solutions based on the survey results to be discussed (Feb – May 2024)

Part 4 will be Plan – Objectives and milestones developed by World Board

Part 5 will be Interim WSC: Outline of plan for prioritization released 90 days in advance.

*WSC decided to try a three-year cycle for two more cycles.

*Decided to have an interim virtual meeting mid cycle.

*Decided to post the CAR a month earlier.

Updated from verbal report:

The interim CAR out Nov 28 2024.

The regular CAR out Nov 3 2025.

Small group discussion topics:

Collaborative creation and prioritization of motions

Full WSC involvement & better use of the between WSC's

Collaborative prioritization of motions

In the small breakout groups, we discussed:

1. What do you think of these ideas and do you have any others?
2. What ideas can we try to help make a three-year cycle more effective?

I have copies of the notes from this meeting also if anyone would like them.

Conference Participant Meeting Saturday 4-6-24

Same discussion as prior date but this was the date for Southern Zone.

This is a collaboration with Delegates for the WSC from the beginning of the process.

I have the notes from this session also.

That's all for my report. I tried to keep it as short as possible but still relayed information to RSC. If you want to ask questions or share ideas after the meeting, please feel free.

I have submitted reimbursement for registration at SZF St. Louis (\$20), Flight to and from SZF in July (\$599.40 which included \$42.70 insurance – It was \$100 to make it refundable/\$42.70 to get insurance), mileage to and from Regional Assembly and mileage to and from this Region.

We also have our predicted budget for 2024-2025.

Thanks for allowing me to serve!

In Loving Service,

Anne K.V.P.

AD

AD/RD Projected Budget 2024-2025

Multi Zonal "0" – No Multi Zonal this year budget

Regional Assembly

Copies	\$100
Mileage	\$200
Rooms	\$240
Supplies	\$60
Sub Total	\$600

Regional Work Shops

Copies	\$100
Mileage	\$600
Supplies	\$60
Hotel	\$720
Sub Total	\$1480

WSC "0" no WSC this year budget

Zonal Forum

Donation	\$1500
Food	\$1080
Hotel	\$1800
Hosting	\$0
Registration	\$120
Travel/Parking	\$3600
Sub Total	\$8100

Executive Committee Member: Regional Treasurer
REPORT to Show-Me Region

Submitted by: Troy S Submit Date: 4/20/2024

Contact Email: troysweet@att.net

REPORT:

I have changed the budget to reflect the name change of the Outreach Sub-committee too Fellowship Development.

I also had the battery replaced in the Laptop to make it useable. I now need to get the with Marvin to get the reginal email on the laptop because per guideline 6.6b there are not any personal emails aloud on the laptop and I need to download the Office program.

I have done our taxes for the year.

The Bank Statement matches the Treasurer's Balance Sheet.

I would like to go over the Prudent Reserve with everyone to make sure we are all on the same page.

Bottom for Secretary or Meeting Chair Notes

Second Quarter 2023-2024 Budget	Show Me Region Services Projected Budget (October 1 - September 30)			Show Me Region Services Projected Budget (October 1 - September 30)		
	2023-2024					
	Budget	Actual Expend.	Percent Spent	Budget	Actual Expend.	Percent Spent
Camp/Venture						
Storage Facility	\$ 636.00	\$ 326.00	51%	\$ -	\$ -	#DIV/0!
Mileage - RSC	\$ 224.00	\$ -	0%	\$ 300.00	\$ 146.88	49%
Rooms - RSC	\$ 416.00	\$ 268.11	64%	\$ 480.00	\$ 274.10	57%
Totals	\$ 1,276.00	\$ 594.11	47%	\$ 780.00	\$ 420.98	54%
Executive Committee						
CAR		\$ 653.34	#DIV/0!	\$ -	\$ -	#DIV/0!
CAT		\$ -	#DIV/0!	\$ -	\$ -	#DIV/0!
Copies	\$ 150.00	\$ -	0%	\$ 50.00	\$ -	0%
Corp Registration	\$ 20.00	\$ 150.00	750%	\$ 50.00	\$ -	0%
Donation to Areas	\$ 1,000.00	\$ -	0%	\$ 1,000.00	\$ -	0%
Hospitality Room		\$ 200.00	#DIV/0!	\$ -	\$ 469.94	#DIV/0!
Home Group Insurance	\$ 4,000.00	\$ 7,446.00	186%	\$ 4,000.00	\$ -	0%
Mileage	\$ 2,750.00	\$ 1,924.30	70%	\$ 5,000.00	\$ 1,161.04	23%
Miscellaneous/Zoom	\$ 200.00	\$ 149.90	75%	\$ 200.00	\$ -	0%
NAWS Donation	\$ 8,000.00	\$ -	0%	\$ -	\$ -	#DIV/0!
Post Office	\$ 180.00	\$ 240.00	133%	\$ 260.00	\$ -	0%
Rooms - RSC	\$ 12,320.00	\$ 5,375.59	44%	\$ 7,540.00	\$ 2,552.80	34%
RSC Assembly	\$ 1,000.00	\$ -	0%	\$ 600.00	\$ 404.91	67%
RSC Meeting Space	\$ 2,600.00	\$ 1,800.00	69%	\$ 2,400.00	\$ 1,218.41	51%
Supplies	\$ 950.00	\$ 418.36	44%	\$ 1,230.00	\$ 177.68	14%
Taxes/Accountant		\$ -	#DIV/0!	\$ -	\$ -	#DIV/0!
Total W/O News	\$ 33,170.00	\$ 18,357.49	55%	\$ 22,330.00	\$ 5,984.78	27%
Total W News	\$ 33,170.00	\$ 18,357.49	55%	\$ 22,330.00	\$ 5,984.78	27%
H&I						
Chair Mileage	\$ -	\$ -	#DIV/0!	\$ 250.00	\$ -	0%
Literature	\$ 300.00	\$ 245.95	82%	\$ 800.00	\$ -	0%
Mileage - Prison/Facilities/Other than RSC	\$ 300.00	\$ -	0%	\$ -	\$ -	#DIV/0!
Mileage to RSC	\$ 800.00	\$ 131.04	16%	\$ 200.00	\$ 80.64	40%
Minutes	\$ -	\$ -		\$ -	\$ -	#DIV/0!
Rooms at RSC	\$ 550.00	\$ 252.15	46%	\$ 450.00	\$ 138.96	31%
Workshops (w/mileage)	\$ 800.00	\$ -	0%	\$ 400.00	\$ -	0%
Totals	\$ 2,750.00	\$ 629.14	23%	\$ 2,100.00	\$ 219.60	10%
Literature						
Supplies	\$ 100.00	\$ -	0%	\$ 100.00	\$ -	0%
Mileage to RSC	\$ 200.00	\$ -	0%	\$ 200.00	\$ -	0%
Room at RSC	\$ 480.00	\$ -	0%	\$ 450.00	\$ -	0%
Workshops	\$ 100.00	\$ -	0%	\$ 100.00	\$ -	0%
Totals	\$ 880.00	\$ -	0%	\$ 850.00	\$ -	0%
Fellowship Development						
Supplies	\$ 150.00	\$ -	0%	\$ 150.00	\$ 14.46	10%
Mileage Other than RSC	\$ 750.00	\$ 230.92	31%	\$ 600.00	\$ -	0%
Mileage to RSC	\$ 300.00	\$ -	0%	\$ 300.00	\$ 60.00	20%
RSC at Rooms	\$ 480.00	\$ -	0%	\$ 450.00	\$ 252.49	56%
Hotels other than RSC		\$ -	#DIV/0!	\$ 250.00	\$ -	0%
Totals	\$ 1,680.00	\$ 230.92	14%	\$ 1,750.00	\$ 326.95	19%
Public Relations						
DOC Presentation		\$ -		\$ 400.00	\$ -	
Health Fair Booth	2,000.00	\$ -	0%	\$ 2,000.00	\$ 942.45	47%
Health Fair Gas Receipts	\$ 500.00	\$ -	0%	\$ 500.00	\$ -	0%
Health Fair Meals	\$ 720.00	\$ -	0%	\$ 720.00	\$ -	0%
Health Fair Rooms	\$ 1,200.00	\$ 175.00	15%	\$ 1,500.00	\$ -	0%
Literature	\$ 450.00	\$ 332.08	74%	\$ 350.00	\$ -	
Supplies	\$ -	\$ -	#DIV/0!	\$ 250.00	\$ -	0%
Presentation / Training	\$ 480.00	\$ -	0%	\$ 100.00	\$ -	0%
Website Hosting Fee/Zoom Hosting	\$ 680.00	\$ 104.79	15%	\$ 581.20	\$ 226.71	39%
Domain for web site	\$ 400.00	\$ 15.16	4%	\$ 16.00	\$ -	0%
Webmaster	\$ -	\$ 480.00	#DIV/0!	\$ 480.00	\$ -	
Rooms at RSC	\$ 500.00	\$ 370.80	74%	\$ 450.00	\$ 111.53	25%

Mileage to RSC	\$ 550.00	\$ 117.30	21%	\$ 365.00	\$ 94.20	26%
Miscellaneous	\$ 260.00	\$ -	0%	\$ 200.00	\$ -	0%
Totals	\$ 7,740.00	\$ 1,595.13	21%	7912.20	\$ 1,374.89	17%
RD/AD Multi Zonal SS						
Donations	\$ -	\$ -	#DIV/0!	\$ -	\$ -	#DIV/0!
Food	\$ -	\$ 65.85	#DIV/0!	\$ -	\$ 86.99	#DIV/0!
Hotel	\$ -	\$ -	#DIV/0!	\$ -	\$ 462.30	#DIV/0!
Registration	\$ -	\$ -	#DIV/0!	\$ -	\$ -	#DIV/0!
Travel	\$ -	\$ -	#DIV/0!	\$ -	\$ 351.00	#DIV/0!
Subtotals	\$ -	\$ 65.85	#DIV/0!	\$ -	\$ 900.29	#DIV/0!
RD/AD Regional Assembly						
Copies	\$ 100.00	\$ 100.80	101%	\$ 100.00	\$ -	0%
Mileage	\$ 200.00	\$ -	0%	\$ 200.00	\$ -	0%
Room	\$ 350.00	\$ -	0%	\$ 240.00	\$ 223.06	93%
Supplies	\$ 60.00	\$ -	0%	\$ 40.00	\$ -	0%
Subtotals	\$ 710.00	\$ 100.80	14%	\$ 580.00	\$ 223.06	38%
RD/AD Regional Workshops (10)						
Copies	\$ 100.00	\$ 84.48	84%	\$ 50.00	\$ -	0%
Mileage	\$ 600.00	\$ -	0%	\$ 300.00	\$ -	0%
Supplies	\$ 60.00	\$ -	0%	\$ 30.00	\$ -	0%
Subtotals	\$ 760.00	\$ 84.48	11%	\$ 380.00	\$ -	0%
RD/AD WSC						
Food	\$ 1,300.00	\$ -	0%	\$ -	\$ -	#DIV/0!
Hotel	\$ 3,700.00	\$ 535.94	14%	\$ -	\$ -	#DIV/0!
Flights/Mileage/Parking	\$ 1,300.00	\$ -	0%	\$ -	\$ -	#DIV/0!
Subtotals	\$ 6,300.00	\$ 535.94	9%	\$ -	\$ -	#DIV/0!
RD/AD Zonal Forum						
Donation	\$ 1,500.00	\$ -	0%	\$ 1,500.00	\$ -	0%
Food	\$ 1,200.00	\$ 665.09	55%	\$ 1,200.00	\$ 46.65	4%
Hotel	\$ 1,300.00	\$ -	0%	\$ 1,300.00	\$ 285.00	22%
Hosting	\$ -	\$ 20.00	#DIV/0!	\$ 500.00	\$ -	0%
Registration	\$ 160.00	\$ 273.49	171%	\$ 160.00	\$ -	0%
Travel/Parking	\$ 3,600.00	\$ -	0%	\$ 3,600.00	\$ 216.60	6%
Subtotals	\$ 7,760.00	\$ 958.58	12%	\$ 8,260.00	\$ 548.25	7%
Totals	\$ 15,530.00	\$ 1,745.65	11%	\$ 9,220.00	\$ 1,671.60	18%
SMRCNA						
RSC Mileage	\$ 500.00	\$ -	0%	\$ 500.00	\$ -	0%
RSC Rooms	\$ 480.00	\$ -	0%	\$ 450.00	\$ -	0%
Totals	\$ 980.00	\$ -	0%	\$ 950.00	\$ -	0%
Writing Steps for Recovery						
Mileage - Chair	\$ 450.00	\$ -	0%	\$ 450.00	\$ -	0%
Mileage - Coordinator	\$ -	\$ 457.65	#DIV/0!	\$ -	\$ -	#DIV/0!
Post Office Box	\$ 200.00	\$ -	0%	\$ 200.00	\$ -	0%
RSC Room	\$ 480.00	\$ 219.31	46%	\$ 450.00	\$ -	0%
Supplies	\$ 500.00	\$ -	0%	\$ 500.00	\$ -	0%
Total	\$ 1,630.00	\$ 676.96	42%	\$ 1,600.00	\$ -	0%
Total Regional Summaries						
Executive Board	\$ 33,170.00	\$ 18,357.49	55%	\$ 22,330.00	\$ 5,984.78	27%
RD/AD	\$ 15,530.00	\$ 1,745.65	11%	\$ 9,220.00	\$ 1,671.60	18%
CampVention	\$ 1,276.00	\$ 594.11	47%	\$ 780.00	\$ 420.98	54%
H&I	\$ 2,750.00	\$ 629.14	23%	\$ 2,100.00	\$ 219.60	10%
Literature	\$ 880.00	\$ -	0%	\$ 850.00	\$ -	0%
Outreach	\$ 1,680.00	\$ 230.92	14%	\$ 1,750.00	\$ 326.95	19%
Public Relations	\$ 7,740.00	\$ 1,595.13	21%	\$ 7,912.20	\$ 1,374.89	17%
Writing Steps for Recovery	\$ 1,630.00	\$ 676.96	42%	\$ 1,600.00	\$ -	0%
SMRCNA	\$ 980.00	\$ -	0%	\$ 950.00	\$ -	0%
Totals	\$ 65,636.00	\$ 23,829.40	36%	\$ 47,492.20	\$ 9,998.80	21%
Prudent Reserve	\$ 16,409.00	\$ -	25%	\$ 17,078.05	\$ -	36%
Treasurer's balance		\$ 15,201.95			\$ 26,886.08	



SHOW-ME REGION / NARCOTICS ANONYMOUS
 PO BOX 45
 COLUMBIA MO 65205-0045

Business Statement

Account Number: [REDACTED]

Statement Period:

Mar 1, 2024

through

Mar 31, 2024

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INFORMATION YOU SHOULD KNOW

(CONTINUED)

- Under the **Overdraft Protection Plans** section, **Business Banking Overdraft Protection** sub-section, updated the language to state that when a checking account has a linked Business Reserve Line of Credit, the system will automatically draw from that account first, which may incur a fee. If a checking account has a deposit product and credit product linked as overdraft protection, the order of eligible accounts is updated to always draw from the deposit product first, which will not incur a fee, unless the checking account has a linked Business Reserve Line of Credit. If the deposit product has insufficient funds available to transfer, funds will draw from the credit product.
- Under the **Closing Your Account** section, added a paragraph for **How the account closure works** that says, for consumer checking, savings and money market accounts, when you request an account closure, your account will be placed in a 'pending closure' status for a period of 10 business days. During this 10 business day 'pending closure' period, we will allow pending deposits to be cleared and/or post to your account and we will allow pending debit card transactions that you authorized prior to initiating closure to be cleared and/or post to your account. Your debit card will be declined and transactions will no longer be approved when the account is in 'pending closure' status. Once your account is fully closed, transactions will not be allowed to post to the account except under limited circumstances. For example, transactions may be processed after closure if necessary for fraud investigations, transaction dispute claims, merchant credits, or deposit adjustments due to errors.

If you have questions, please call us at 800-673-3555. Our business bankers are here to help 8 a.m. to 8 p.m. CT Monday through Friday and 8 a.m. to 6:30 p.m. CT on Saturday. You can also schedule an appointment at usbank.com/book to speak with a banker in person, by phone or virtually.

SILVER BUSINESS CHECKING

U.S. Bank National Association

Member FDIC

Account Summary

Account Number [REDACTED]

	# Items		
Beginning Balance on Mar 1		\$	17,843.38
Customer Deposits	2		9,065.00
Card Withdrawals	1		22.30-
Ending Balance on Mar 31, 2024		\$	26,886.08

Customer Deposits

Number	Date	Ref Number	Amount	Number	Date	Ref Number	Amount
	Mar 11	8012414532	9,000.00		Mar 27	8612442137	65.00
Total Customer Deposits							\$ 9,065.00

Card Withdrawals

Card Number: xxxx-xxxx-xxxx-6028

Date	Description of Transaction	Ref Number	Amount
Mar 1	Recurring Debit Purchase DIGITALOCEAN.COM *****6028	On 030124 DIGITALOCEAN NY REF # 24011344061000025650 US1 1000025650	\$ 22.30-

Card 6028 Withdrawals Subtotal	\$ 22.30-
Total Card Withdrawals	\$ 22.30-

Balance Summary

Date	Ending Balance	Date	Ending Balance	Date	Ending Balance
Mar 1	17,821.08	Mar 11	26,821.08	Mar 27	26,886.08

Balances only appear for days reflecting change.

ANALYSIS SERVICE CHARGE DETAIL

Account Analysis Activity for: February 2024

Account Number:	1-523-1587-4809	\$ 0.00
Analysis Service Charge assessed to	1-523-1587-4809	\$ 0.00

¹ Financial institutions are required by the State of Iowa to charge sales taxes on certain service charges related to checking accounts. Any assessed tax has been itemized on your statement.